

EFFECTS OF CANNABIS

Cannabis refers to a group of three plants with psychoactive properties, known as cannabis sativa, cannabis indica, and cannabis ruderalis. Illegal in many countries, cannabis is made from the dried leaves and flowers of the hemp plant.

The main psychoactive component of cannabis is tetrahydrocannabinol (THC), which is one of the 483 known compounds in the plant, including at least 65 other cannabinoids, including cannabidiol (CBD).

Cannabis is commonly ingested by smoking, vaporizing, within food, or as an extract.

BRAIN

Selective impairment of cognitive functioning

Forgetfulness

Confusion

Psychological distress

Anxiety

Paranoia

Auditory and visual hallucinations

Impairs motor coordination and operative tasks

Can exacerbate schizophrenia in affected individual

BODY

Airway injury

Lung inflammation

Impaired pulmonary defence against infection

Chronic and acute bronchitis

Oral, throat and lung cancer

Increased pulse rate

Decreased blood pressure

Bloodshot eyes

Increased appetite

Tiredness

Dizziness

